A picture containing text, yellow, diagram, map

Description automatically generated

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| Visual | Eye outline |
| Proprioception | Yoga outline |

**Spider Web Bounce**

* Sit everyone down in a circle
* Using string/elastic/gift wrap ribbon- randomly pass the ribbon across the circle (you will eventually end up with everyone having hold of it, and a spiderweb in the middle
* Place a balloon in the middle (you could draw a spider on) and bounce it up and down using the web
* Try to not let it fall off the web
* Ribbon/elastic
* Balloon