

Peppermint and Cinnamon playdough



Equipment

- 4 cups of flour
- 4 cups of water
- 1 cup salt
- 4 tbsp of veg oil
- 8 tsp cream tatar
- Peppermint extract
- Cinnamon spice
- Food colouring
- Glitter

Instructions

- Mix all the dry ingredients together (not cinnamon)
- Add the wet ingredients together (not peppermint oil)
- Stir together.
- Cook over a medium heat until a ball forms.
- Transfer onto a floured surface and allow to cool.
- Split into two balls.
- Add peppermint oil to one ball, with optional green food dye and glitter
- Add cinnamon spice and glitter to the other
- Knead each ball until it comes together and all the smells and glitter are mixed in
- Store in a zip sandwich bag

Senses

Visual	
Olfactory	
Touch	
Proprioception	

