

Easter Smoothies



Equipment




- Food ingredients
- Blender
- Plastic cup
- Cup decorations
- Sharpie

Instructions

- Create the smoothie-recipe below
- Decorate the cup
- Pour the smoothie into the cup



Senses

Visual	
Olfactory	
Touch	



Instructions

Pink Smoothie-

- 1 ½ cup milk (or milk alternative)
- 2 cups frozen strawberries

Green Smoothie-

- 1 ½ cup of milk (or milk alternative)
- 1 cup of spinach
- 1 frozen banana
- 1 table spoon of honey

Orange smoothie-

- 1 ½ cup of milk (or milk alternative)
- 2 carrots chopped
- 1 cup frozen mango
- 1 frozen banana

Yellow smoothie-

- 1 ½ cup of milk (or milk alternative)
- 2 cups of frozen mango

Purple smoothie-

- 1 ½ cup of milk (or milk alternative)
- 2 cups of frozen blackberries