



It Makes Sense

ALL ABOARD

# Sensory Circuit Plan

## Sensory needs:

- Vestibular
- Proprioception
- Taste
- Visual
- Touch
- Interoception
- Auditory
- Smell

## Needs Targets:

- Balance
- Body awareness
- Communication
- Fine motor skills
- Spatial awareness
- Concentration
- Gross Motor
- Relationship building
- Oral strength
- Teamwork



Date:

Time:

Group/class:

Leader:

## Alerting

**Activity:**

**Activity:**

**Activity:**

**Activity:**

**Activity:**

## Organising

**Activity:**

**Activity:**

**Activity:**

**Activity:**

**Activity:**

## Calming

**Activity**

**Activity:**

**Activity:**

**Activity:**

**Activity:**