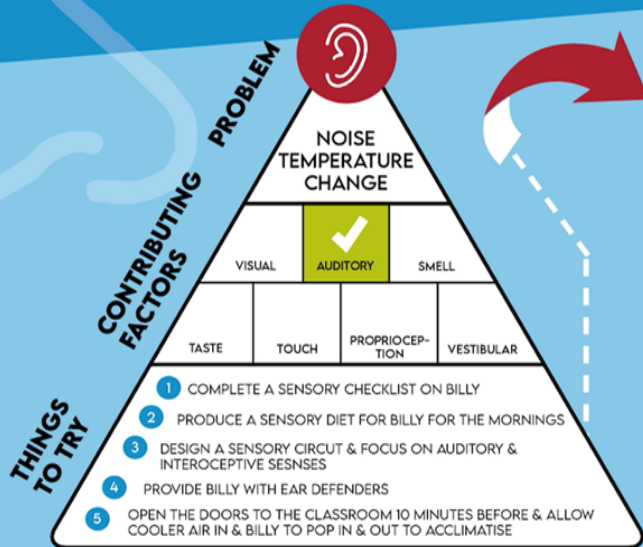


BILLY'S SENSORY INTERVENTIONS



Then we completed a sensory checklist to create a sensory profile

	VISUAL	AUDITORY	TACTILE	SMELL/TASTE	BODY AWARENESS	VESTIBULAR/BALANCE
10						
9						
8						
7						
6						
5						
4						
3						
2						
1						

NAME: _____

BETTER +
THE SAME ●
WORSE -

OVER EXCITED ANXIOUS SLEEPY ANGRY CALM

DATE	TIME	I'M FEELING: (CIRCLE THE FACE THAT MATCHES HOW YOU FEEL)	I TRIED: (WRITE NAME OF ACTIVITY)	AFTER THE ACTIVITY I FELT: (CIRCLE ALL THAT APPLY)	THAT ACTUALLY MADE ME FEEL: (CIRCLE ONE ANSWER)
		😊 😐 😞 😡 😴		😊 😐 😞 😡 😴	+ ● -

First of all we completed a problem solving triangle to help us highlight situations and assess the sensory needs

We ask Billy to complete a feedback form, and these are done throughout

Then we created a sensory circuit for Billy

ALERTING (3-5 MIN)	ORGANISING (10 MIN) 2X CIRCUIT (1 MIN PER STATION)	CALMING (3-5 MIN)
ACTIVITY: BOUNCING ON THE THERAPY BALL 1 MIN	ACTIVITY: WALK ON THE BALANCE BEAM 1 MIN	ACTIVITY: BEAN BAG SQUEEZE 1 MIN
ACTIVITY: JUMPING JACKS 1 MIN	ACTIVITY: CRAWL THROUGH THE TUNNEL 1 MIN	ACTIVITY: SENSORY BOTTLE 1 MIN
ACTIVITY: RUNNING ON THE SPOT 1 MIN	ACTIVITY: ARM STRETCH USING RESISTANCE BAND 1 MIN	ACTIVITY: ROLLING BALL OVER HIS BELLY 2 MINS
ACTIVITY:	ACTIVITY: LOG ROLL 1 MIN	ACTIVITY: CALMING MUSIC WHILST HELPING MOVE THE FURNITURE AWAY 2 MINS
ACTIVITY:	ACTIVITY: PASSING A WEIGHTED BALL 1 MIN	ACTIVITY:

TIME	ACTIVITY
8:20AM	BREAKFAST - CRUNCHY CEREAL WITH COLD MILK
8:25AM	DRINK A THICK SMOOTHIE THROUGH A STRAW
8:30AM	BOUNCING ON THE THERAPY BALL
8:35AM	KNEADING PLAY-DOUGH
8:40AM	BOUNCE ON A THERAPY BALL
8:45AM	
8:50AM	HAND MASSAGE

	VISUAL	AUDITORY	TACTILE	SMELL/TASTE	BODY AWARENESS	VESTIBULAR/BALANCE
10						
9						
8						
7						
6						
5						
4						
3						
2						
1						

😊 😐 😞 😡 😴

+ ● -

As well as a sensory diet for Billy to complete in the morning

After a period of time, we re-do the sensory profile and feedback forms so we can compare date and see where gaps have been closed and plan the next steps